



SEUTF NEWSLETTER 13/06/2022

Dear SE friends and colleagues,

We are informing you about the news from SE Ukraine Task Force and we will be so glad if you will write to us your opinion or needs or ideas to seukrainetaskforce@traumahealing.org.

1. Materials on the SEUTF website for you!

You are very welcome to use every material you will find [here](#). You will get here materials for Children/families, Communities, Programs to Reduce Stress and Trauma-Informed exercises. Also there are some materials just for orientation to the current situation. An overview of all these materials you can find in this chart:

	Video	Book/Poster	Children/Families	Communities	Programs to Reduce Stress	Trauma-informed Exercises	Orientation to War/Current Situation
Dr. Peter Levine and Dr. Abi Blakeslee - The Threat of War and Somatic Rebalancing	x						x
Dr. Stephen Porges - Interview with SEUTF	x						x
Maggie Kline: Tutorial for Trauma Picture Book	x	x	x				
Restoring feelings of safety and stability Sonia Gomes & Stephen Porges	x					x	
Maggie Kline: Considering Needs of Children in War Situations	x		x				
Ariel Giarretto Hungary Emotional First Aid	x					x	
From Therapy to Prevention - Dr. Gisela Perren-Klingler	x			x			x
The SE Crisis Stabilisation Toolkit - SCOPE		x			x		
Elsbeth Horbaty - Activate your resources in times of crisis (video in EN, PL, RO, UK)	x			x		x	
Community Resilience by Elaine Miller	x			x			
Emotion Aid	x	x	x		x		
Ana do Valle - Dancing w/Dragons: An Interactive eBook	x	x	x				
Dr. Abi Blakeslee - Crisis First Aid: Supporting the Supporters	x				x	x	
Dr. phil Imke Hansen - Working with Ukrainian Clients	x						x

2. Possible trainings for you/your clients - English with Ukrainian interpretation

FREE TRAININGS OFFER We are very happy to share two upcoming training sessions. Both will be in English with translation into Ukrainian. Please share widely with your networks!

- **Intro to EmotionAid®** (more information is available [here](#)) - June 16, 1500-1800 CEST
- **Healing with Fairytales:** a webinar presented by Ana do Valle (more information is available [here](#)) - July 10, 1600-1730

3. Co-regulation & Resilience Connection Meetings for you!

Every **Tuesday 19:00-20:30/21:00 CEST** on [this link](#) you can join our volunteers for sharing your topics and mutual support. Sometimes it is very important to have some safe space for our grounding and re-orienting towards resources. Also, if you have a group with a specific need (topic, language, etc.), we can work with you to hold an exclusive Resilience

Connection meeting for this group. Please take advantage of this opportunity to take care of yourselves.

4. Call for volunteers?

We know that this war situation is really long term and volunteers are experiencing fatigue. Nonetheless, there is still a lot to do and there are many possibilities to help. So, if you are willing to join us, please check our [list of volunteer opportunities](#).

5. Free sessions/supervision for you :-)

We have almost 40 volunteers who are offering free SE sessions for you. Please use [this Directory](#) to identify SE Practitioners who have agreed to provide up to five (5) consecutive free SE Sessions (max 1 hour) per client. Please contact the Practitioner directly to inquire about sessions. Sessions could focus on stability, grounding, orientation, repairing ruptured boundaries, and regaining & anchoring the feeling of safety in the body.

If you have any ideas for us about what is important at this time for you or your clients or your communities, please, don't hesitate to contact us!



**we welcome your support
we are very grateful for your engagement**