



## Basic Principles of Somatic Experiencing®

**What is *Basic Principles of Somatic Experiencing*?** This online *Basic Principles of Somatic Experiencing* workshop is for professionals interested in learning the basic principles and theory of the SE model and to learn more about the SE Professional three-year training program.

**When is *Basic Principles of Somatic Experiencing* scheduled?** There is a Basics every 3<sup>rd</sup> Thursday of the month and it is held online. You can find upcoming dates [here](#) by filtering the left hand drop down with 'Webinars'. Registration closes the SUNDAY before the training at 11:59 PM MST. CEs are not available for this online workshop.

**Is it a prerequisite to apply for the program?** No, *Basic Principles of Somatic Experiencing* is not a prerequisite for the three-year training program. We do encourage anyone who is interested in SE and how it might benefit them to consider taking this course.

**When do I receive my link to join the training?** You will receive a join link one week, one day, and one hour before the training goes live. This email comes from [registration@traumahealing.org](mailto:registration@traumahealing.org) so please be sure to search your inbox for that link. If you do not receive the link, email [programsupport@traumahealing.org](mailto:programsupport@traumahealing.org) for the quickest reply.

**I registered for the training but have not received my join link. Why haven't I received it?** If you join within one week of the Basic Principles program, you will not receive a join link until one day before the program goes live. This is due to our registration processes.

**I attended Basics. How do I receive my \$50 credit?** You will receive your \$50 credit in your account after attending Basics. When you register for your Beginning I training module, this credit will be automatically applied. There is no coupon code for the \$50 credit.

**Am I able to use this \$50 credit on an SE cohort in another country, or is it tied to the US-based training program?** This credit is only valid for the US-based training program, and is not able to be applied to an SE cohort in another country. You will be able to apply the \$50 credit towards other offerings from SEI, such as a webinar!

**I have not received my Basics recording link yet. What's going on?** The recording of the Basics training each month is sent out with an evaluation form. **Please scroll down to the bottom of the email to find the recording link.** This form is sent from [evaluations@traumahealing.org](mailto:evaluations@traumahealing.org) and is typically sent one week after the Basics training.

**Still have a question?** Please email [programsupport@traumahealing.org](mailto:programsupport@traumahealing.org). If you have already sent an email, please allow one – two business days for a response before emailing again!