



BASIC PRINCIPLES OF SOMATIC EXPERIENCING® FAQ

What is *Basic Principles of Somatic Experiencing*? This three-hour introductory webinar is geared for those who are interested in learning more about the basic principles of the SE™ modality, as well as details about the three-year SE Professional Training Program.

When is *Basic Principles of Somatic Experiencing* scheduled? This webinar is held every 3rd Thursday of the month. To find this on our website, please visit our [Training and Events Calendar](#) and use the available dropdown menus to select “Introductory” and “United States of America,” respectively. Registration for this webinar closes on the SUNDAY before the training at 11:59 PM MST. CEs are not available for this online workshop.

Is it a prerequisite to complete this webinar before applying to the three-year training program? No, *Basic Principles of Somatic Experiencing* is not a prerequisite for the three-year training program.

When do I receive my link to join the training? You will receive an email containing your Zoom link **one week, one day, and one hour** before the training goes live. This email comes from registration@traumahealing.org so please be sure to search your inbox for that link. If you do not receive the link, first double check all spam, promotional, and junk folders then email programsupport@traumahealing.org for the quickest reply.

I registered for the training but have not received my join link. Why haven't I received it? Due to our administrative processes, if you join within one week of the Basic Principles program, you will not receive a join link until **one day** before the program goes live.

I attended Basics. How do I receive my \$50 credit? You will receive your \$50 credit in your account automatically after completing the feedback survey. This survey is sent out one week following the airing of this webinar. This credit will automatically be applied during checkout when you complete your Beginning I training module registration. There is no coupon code for the \$50 credit.

Am I able to use this \$50 credit on an SE cohort in another country, or is it tied to the US-based training program? This credit is only valid for the US-based training program and is **not** able to be applied to an SE cohort in another country.

Do I need to attend the webinar live, or is it recorded? This webinar is recorded, so live attendance is not required.

I have not received my Basics recording link yet. What's going on? The recording of the Basics training each month is sent out via email from evaluations@traumahealing.org along with a feedback survey **one week** following the live airing. **Please scroll down to the bottom of the email to find the recording link.** If you do not see this email in your inbox, please be sure to first check all spam, promotional, and junk folders. If you still do not see this email, please contact programsupport@traumahealing.org for further assistance.

Still have a question? Please email programsupport@traumahealing.org. If you have already sent an email, please allow one – two business days for a response before emailing again!